



LIVE WEBINAR



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DEVELOPING RESILIENCE

the science of mastering life's challenges

SATURDAY 6TH MARCH 2021
@ 8.30AM - 3.00PM Malaysian Time



United Nations
Educational, Scientific and
Cultural Organization



UNESCO/ Janusz Korczak
Chair in Social Pedagogy,
The Maria Grzegorzewska
University, Warsaw, Poland

Apply for the
The 14th UNESCO International
Summer School / ISEE 2021 Fellowship
"The Road to Social Inclusion"
before 30.01.21. Full info here.

Key International Speakers

Professor Dr Anna Odrowaz-Coates
Head of UNESCO / Janusz Korczak Chair in Social Pedagogy,
The Maria Grzegorzewska University, Poland

Professor Dr Umesh Sharma
Associate Dean (Equity and Inclusion) Monash University, Australia
Chief Co-Editor of The Oxford Encyclopedia
of Inclusive & Special Education

Resilience is the process of adapting well when we are faced with obstacles, stress, threats or worse, a long term disability. When we navigate through life's windy road having resilience or the lack of it emerges. Do you succumb or do you surmount? Let us restart by understanding and developing this powerful human trait as we reshape a more inclusive society. No matter how resilient you are today, you can be more resilient tomorrow.



Agenda	Malaysian Physiotherapy Association (MPA) member benefits	Normal Rate
Full Day Webinar with 6 Speakers	FREE for 100 professional members & 50 student members	RM30.00
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06 MARCH 2021

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1st Half Webinar Session

2nd Half Webinar Session

TIME	TENTATIVE AGENDA & TITLE	PROPOSED SPEAKERS
AM 7.30 - 8.20	Participants log in	Webinar Technical
8.21 - 8.30	Webinar opening & house Keeping rules	Nadiah Hanim - Webinar Host Vice President of Malaysia Rare Disorder Society & Programme host for BERNAMA News Channel
8.31 - 9.15	How to promote resilience in rehabilitation medicine	Dr. Kavitha Uma Ratnalingam Consultant Rehabilitation Physician Resident, ReGen Rehab Hospital, Selangor, Malaysia
9.16 - 10.00	Glass is always half full: Educating excluded learners in inclusive classroom in Malaysia	Professor Dr Umesh Sharma Associate Dean (Equity and Inclusion), Monash University, Melbourne, Australia
10.01 - 10.45	Mental rehab & bouncing mind	Dr Amalia Madihie Deputy Dean for Industry & Community Engagement Faculty of Cognitive Sciences & Human Development, UNIMAS Sarawak, Malaysia
10.46 - 11.00	Recharge with Regen Rehab	Home Exercise Video
11.01 - 11.45	How to cope with the 'new normal': Strategies and evidence	Dr. Tan Kok Wei Lecturer in Psychology University of Reading Malaysia, Johor, Malaysia
11.46 - 12.30	Psychological Insights into how you can enhance your individual and collective resilience for a more sustainable and just way of life	Dr Glenn Williams Principal Lecturer in Psychology (Internationalisation & Employability), Nottingham Trent University, Psychology Department, School of Social Sciences, Nottingham, England
PM 12.31 - 1.30	ONE HOUR BREAK TIME Let's play some games	Nadiah Hanim - Webinar Host
1.31 - 2.15	Social inclusion; where are we now, where are we going and what are the barriers. "Postcards" from Poland	Professor Dr Anna Odrowaz-Coates Head of UNESCO / Janusz Korczak Chair in Social Pedagogy, The Maria Grzegorzewska University, Warsaw, Poland
2.16 - 3.00	Panel Discussion & Closing	Nadiah Hanim - Webinar Host

* The agenda is subject to change without prior notice.