



MULLIGAN LOWER QUADRANT

WORKSHOP 2024



TIMOTHY MANN

Timothy Mann is an experienced physiotherapist specializing in manual therapy, acupuncture and sports injuries. With a Master's degree in Manipulative Therapy and accreditation as a Mulligan Concept Teacher, Tim runs a private practice in Corrimal. He lectures on various APA Manual Therapy and Acupuncture courses and actively participates in professional study groups. Tim's expertise, ongoing education, and commitment to his field make him a trusted physiotherapist in the region.

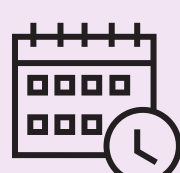


PAMELA MANN

Pamela Mann is a Certified Mulligan Practitioner and assists Tim with Mulligan Courses and other Manual Therapy Courses. She completed a Post-graduate Certificate in Pelvic Floor rehabilitation at the University of Melbourne and subsequently a Post-graduate Certificate in Women's Health and Human Continence at Curtin University in Perth.



REGISTER NOW



**30th June - 1st
July 2024**



**ReGen Rehab
Hospital, PJ**



8.30 am - 5.00 pm

**MPA MEMBER: RM 1500
NON-MEMBER: RM 2300
8000505817 (CIMB)
Persatuan Fisioterapi
Malaysia**

 <https://mpa.net.my/>

 mpa.secretariat2020@gmail.com



MULLIGAN LOWER QUADRANT WORKSHOP 2024

DAY 1 - 30th JUNE 2024

08:45 am - 09:00 am	Registration
09:00 am - 10:00 am	Introduction to the Mulligan Concept and Treatment Principles
10:00 am - 10:30 am	Foot: Mobilisation with Movement (MWM) and PRP
10:30 am - 10:50 am	Morning Tea
10:50 am - 12:30 pm	Ankle Techniques: MWM and Taping
12:30 pm - 13:30 pm	Lunch
13:30 pm - 15:00 pm	Knee MWM, Self Treatment and Taping
15:00 pm - 15:15 pm	Afternoon Tea
15:15 pm - 16:45 pm	Lumbar Spine: Sustained Natural Apophyseal Glides (SNAGs), Self Treatment
16:45 pm - 17:00 pm	Question, Review Discussion and Summary
17:00 pm	End of Day

DAY 2 - 1st JULY 2024

09:00 am - 09:30 am	Review of Day 1
09:30 am - 10:30 am	Spinal Mobilisation with Leg Movement (SMWLM)
10:30 am - 10:50 am	Morning Tea
10:50 am - 12:30 pm	Hip: MWM
12:30 pm - 13:30 pm	Lunch
13:30 pm - 14:45 pm	SIJ: MWM and Taping
14:45 pm - 16:00 pm	Question, Review Discussion and Summary
16:00 pm	End of Day