



MULLIGAN UPPER QUADRANT WORKSHOP 2024



TIMOTHY MANN

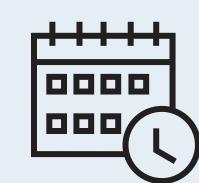
Timothy Mann is an experienced physiotherapist specializing in manual therapy, acupuncture and sports injuries. With a Master's degree in Manipulative Therapy and accreditation as a Mulligan Concept Teacher, Tim runs a private practice in Corrimal. He lectures on various APA Manual Therapy and Acupuncture courses and actively participates in professional study groups. Tim's expertise, ongoing education, and commitment to his field make him a trusted physiotherapist in the region.

PAMELA MANN

Pamela Mann is a Certified Mulligan Practitioner and assists Tim with Mulligan Courses and other Manual Therapy Courses. She completed a Post-graduate Certificate in Pelvic Floor rehabilitation at the University of Melbourne and subsequently a Post-graduate Certificate in Women's Health and Human Continence at Curtin University in Perth.



REGISTER NOW



28th - 29th

June 2024



**ReGen Rehab
Hospital, PJ**



8.30 am - 5.00 pm

**MPA MEMBER: RM 1500
NON-MEMBER: RM 2300
8000505817 (CIMB)
Persatuan Fisioterapi
Malaysia**



MULLIGAN UPPER QUADRANT WORKSHOP 2024

DAY 1 - 28th JUNE 2024

08:45 am - 09:00 am	Registration
09:00 am - 10:00 am	Introduction to the Mulligan Concept and Treatment Principles
10:00 am - 10:30 am	Finger and Hand Techniques: MWM, self MWM & Taping
10:30 am - 10:50 am	Morning Tea
10:50 am - 12:30 pm	Wrist Techniques, Forearm and Elbow Techniques
12:30 pm - 13:30 pm	Lunch
13:30 pm - 15:00 pm	Cervical NAGS and SNAGS
15:00 pm - 15:15 pm	Afternoon Tea
15:15 pm - 16:45 pm	“Tennis Elbow”
16:45 pm - 17:00 pm	Question, Review Discussion and Summary
17:00 pm	End of Day

DAY 2 - 29th JUNE 2024

09:00 am - 09:30 am	Review of Day 1
09:30 am - 10:30 am	Upper Cervical Techniques - Cervicogenic Dizziness, Cervicogenic Headache
10:30 am - 10:50 am	Morning Tea
10:50 am - 12:30 pm	Shoulder Techniques, Shoulder Girdle Techniques, Sternoclavicular Joint Techniques
12:30 pm - 13:00 pm	Lunch
13:00 pm - 13:30 pm	Spinal Mobilisation with Arm Movement (SMWAM), Neural Techniques
13:30 pm - 14:45 pm	Thoracic Spine and Ribs
14:45 pm - 16:00 pm	Question, Review Discussion and Summary
16:00 pm	End of Day