



Malaysian Physiotherapy Association Presents

NATIONAL PHYSIOTHERAPY WORKSHOP 2022

World Physiotherapy Day Celebration

"HIGH-VELOCITY LOW-AMPLITUDE THRUST MANIPULATION OF THORACIC AND LUMBAR SPINES WORKSHOP"



EFRI NOOR MUHAMMAD HENDRI

HOSPITAL CANSELOR TUANKU MUHRIZ

Senior Musculoskeletal Physiotherapist

- Senior Musculoskeletal Physiotherapist at PPUKM
- Clinical Master of Physiotherapy (Orthopaedic Manipulative Therapy), University of Otago, NZ (2016)
- Credentialing for Dry Needling (2014) and certificate of Mulligan Concept, Janda Approach and Dynamic Neuromuscular Stabilization

A Musculoskeletal Physiotherapist in Pusat Perubatan UKM since 2007. He graduated Bachelor of Physiotherapy (Hons) from UKM.

Actively involved as an expert panel and presenter at the Asia Pacific Orthopedic Association Scientific Conference, Malaysia Physiotherapy Association Webinar, Malaysian Orthopedic Association Congress and Interventional Pain Conference & Workshop.

He has appointed as panel of revising UKM and UiTM undergraduate physiotherapy programme. Also, invited lecture, clinical preceptor and practical examiner for physiotherapy students.

16-18 SEPTEMBER
2022



**DORSETT HOTEL
SUBANG**



MPA MEMBER

RM1000

NON MPA MEMBER

RM1500



More Information

mpa.net.my





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World Physiotherapy Day Celebration

"ULTRASOUND IMAGING FOR MUSCULOSKELETAL REHABILITATION"



DR. MUHAMMAD RAHMANI JAFFAR

UNIVERSITY MALAYA MEDICAL CENTRE

Clinical Specialist in Sports & Exercise Medicine

- National Specialist Register – Specialist in Sports Medicine (2017)
- Credentialed Clinical Specialist in Sports Medicine, UM Medical Centre (2016)
- Credentialed Medical Officer in Sports Medicine, UM Medical Centre (2012)

Rahmani is a clinical specialist in sports and exercise medicine in UM medical Centre since 2015.

He obtained Medical Degree from Gadjah Mada University, Indonesia in 2006. He also completed Master of Sports Medicine from University of Malaya, Malaysia in 2015.

He has vast clinical experiences in the field of sports and exercise medicine, both in local and international games.

16-18 SEPTEMBER
2022



**DORSETT HOTEL
SUBANG**

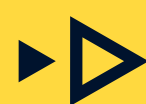


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FRIDAY, 16th SEPTEMBER 2022 (DAY 1)

- 08.00 - 08.30 Registration
- 08.30 - 09.00 Introduction to spinal manipulation
- 09.00 - 10.00 Indications, precautions, contraindications for use of HVLA manipulation
- 10.00 - 10.15 Coffee break
- 10.15 - 12.00 Practical: Mid-thoracic (T4-9) HVLA thrust manipulation technique
- 12.00 - 14.00 Lunch and Friday prayer
- 14.00 - 15.00 Practical: Upper thoracic (T1-3) HVLA thrust manipulation technique
- 15.00 - 16.00 Thoracic and rib mobilisation technique
- 16.00 - 17.00 Lab session, Q&A
- 17.00 Evening tea

SATURDAY, 17th SEPTEMBER 2022 (DAY 2)

- 08.00 - 09.00 Evidence for use of HVLA thrust manipulation in acute and chronic LBP
- 09.00 - 10.00 Thoraco-lumbar junction (T11-L1) HVLA thrust manipulation technique
- 10.00 - 10.15 Coffee break
- 10.15 - 11.00 Lumbo-sacral junction (L5/S1) HVLA thrust manipulation technique
- 11.00 - 12.00 Mid-lumbar (L2-4) HVLA thrust manipulation technique
- 12.00 - 13.00 Clinical reasoning & Case Scenario
- 13.00 - 14.00 Lunch
- 14.00 - 15.00 Evidence based diagnosis of sacro-iliac dysfunction
- 15.00 - 16.00 Sacro-iliac joint HVLA thrust manipulation technique
- 16.00 - 17.00 Lab session, Q&A
- 17.00 Evening tea
- 19.00 World Physiotherapy Day Celebration (Dinner)



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"ULTRASOUND IMAGING FOR MUSCULOSKELETAL REHABILITATION"

SUNDAY, 18th SEPTEMBER 2022 (DAY 3)

08.00 - 09.00 Registration

09.00 - 10.30 Workshop: Ultrasound imaging for musculoskeletal rehabilitation

10.30 - 11.00 Coffee break

11.00 - 13.00 Workshop

13.00 - 14.00 Lunch

14.00 - 16.30 Plenary session

16.30 - 17.00 Closing Ceremony

17.00 Evening tea