



KNEE MASTERCLASS: THE ASSESSMENT AND MANAGEMENT OF COMMON KNEE INJURIES



By

ASSOC. PROF. JANE ROONEY, FACP, CF
Specialist Sports and Exercise Physiotherapist

DATES / TIME

13TH JUNE 2022: 1PM-4.30PM

14TH JUNE 2022: 1PM-4.30PM

15TH JUNE 2022: 1PM-4PM

(MONDAY-WEDNESDAY)

ONLINE PLATFORM

ZOOM

FEE

MPA MEMBER: RM50

NON-MEMBER: RM150

Moderator: Sara Yasmin Talib

Physiotherapist

Sunway Medical Centre



REGISTER BY **10.06.22**



VISIT

[HTTPS://MPA.NET.MY/EVENTS_UPCOMING.PHP](https://mpa.net.my/events_upcoming.php)

FOR MORE INFO

**CPD
POINTS**
WILL BE
AWARDED



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Get to know...



ASSOC. PROF. JANE ROONEY, FACP, CF

Specialist Sports and Exercise Physiotherapist

- Fellow of the Australian College of Physiotherapists (sub specialty knee, 2009)
- Churchill Fellow (2016)
- Titled Musculoskeletal Physiotherapist (1997)

Jane Rooney has a passion for education and is the sole director of Physio Educators which provides courses and online masterclass.

Jane is an Associate Clinical Professor at Swinburne University, an Honorary Lecturer at Melbourne University, Guest Lecturer and post graduate clinical mentor at La Trobe University, an examiner and facilitator for Australian College of Physiotherapists.

Jane has an extensive clinical experience in the Sports Medicine field, both in Europe and Australia and is the Clinical Director of Prahran Sports Medicine Centre, Melbourne, Australia.

She has a particular interest in ACL injury management, rehabilitation and prevention programs. Jane is currently involved in several ACL injury research projects at Melbourne and Swinburne Universities.

Jane works closely with many of Melbourne's leading knee surgeons and sports physicians. Jane enjoys the challenge of working with athletes of all abilities including recreational, school, state, national and international competitors to realise their goals.



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Tentative program

13th June 2022 Monday		14th June 2022 Tuesday		15th June 2022 Wednesday	
12.15-12.45pm	Zoom entry	12.15-12.45pm	Zoom entry	12.15-12.45pm	Zoom entry
12.45-1.00pm	Introduction to facilitator	12.45-1.00pm	Opening speech by moderator	12.45-1.00pm	Opening speech by moderator
1.00-2.20pm	Section 1: 1. ACL structure, function, injury mechanism and risk factors, clinical assessment of the acute knee 2. ACL injury management options: surgical/non-surgical and rehab principles including return to sport 3. Other ligament injuries; PCL, MCL and LCL	1.00-1.45pm	Diagnostic clinical reasoning and rehab principles	1.00-3.45pm	Recorded webcast of live patient assessment with clinical reasoning teaching package (diagnosis/clinical patterns and management)
2.20-2.30pm	Q&A (Section 1)	1.45-2.15pm	Case 1: MCL injury; early - mid stage management	3.45-4.00pm	Q&A / Closing
2.30-3.20pm	Section 2: 1. Patellafemoral pain and patella instability presentations, risk factors and assessment 2. PFJ pain and instability management	2.15-2.25pm	Q&A (Case 1)		
3.20-3.30pm	Q&A (Section 2)	2.25-2.55pm	Case2: ACL injury; late stage		
3.30-4.20pm	Section 3: 1. Meniscal/chondral injury, assessment and management 2. Long-term sequelae of acute knee injuries - osteoarthritis management 3. Summary	2.55-3.05pm	Q&A (Case 2)		
4.20-4.30pm	Q&A (Section 3) / Closing	3.05-3.35pm	Case 3; Anterior knee pain; patellafemoral or patella tendon pain & management.		
		3.35-3.45pm	Q&A (Case 3)		
		3.45-4.15pm	Case 4; Early knee OA - meniscal and chondral pathology		
		4.15-4.25pm	Q&A (Case 4)		
		4.25-4.30pm	Closing		