

# ADOLESCENT IDIOPATHIC SCOLIOSIS

## PHYSIOTHERAPY WORKSHOP

Organized by MPA Paediatric Special Interest Group

**JOIN WITH US**

19th - 20th August 2022

8.00 AM - 5.00 PM

Cheras Rehabilitation Hospital

LIMITED  
SEATS  
AVAILABLE!

### Registration Fee:

- ~ MPA Member : RM350
- ~ Non MPA Member : RM450

Kindly register by 9th August 2022

CPD points will be granted



**NG CHAO FENG  
(THOMAS)**  
SPEAKER



### Why you should join?

- 2 days comprehensive workshop
- Contains practical and theory sessions
- Hands-on with actual cases

### Take note

The workshop involves practical sessions that requires physical EXPOSURE to enhance better understanding

NB: Sports/loose attire is advisable

Any enquiries please contact: Nor Azizah (012-2818955)

Amir (017-6512991) & Aqilah (0137993585)



## TENTATIVE PROGRAM

### *Day 1 (Friday)*

8:00-8:30am : Registration and Breakfast

8:30-9:15am : Introduction of Scoliosis

9:15-10:00am : Classification System for Scoliosis

10:00-10:45am: Assessment, Measurement & Progression for Scoliosis

10:45-11:45am: Introduction to Conservative Specific Scoliosis Exercise Based Management for Scoliosis

11:45-12:30am: Introduction to Types of Braces for Scoliosis

12:30 – 1:00pm: Questions and Answer

1:00 – 2:45pm : Lunch

2:45 - 4:30pm : How to Measure?

4:30 - 5:00pm : Discussion, Questions and Answer

### *Day 2 (Saturday)*

8:00-8:30am : Registration and Breakfast

8:30-9:30am : Post Operative Management for Scoliosis

9:30-10:30am : General Principles of Corrections for Scoliosis

10:30-11:30am : Physiotherapy Scoliosis Specific Exercise

11:30-12:30am : Integration Approaches in Managing Scoliosis Clients & Sharing

12:30 – 1:00pm : Discussion, Questions and Answer

1:00 – 2:00pm : Lunch

2:00- 4:30pm : Practice Makes Perfect

4:30-5:00pm : Certificate Giving Ceremony

5:00pm : Dismiss



*Ng Chao Feng  
(Thomas)*

**Mr NG CHAO FENG (Thomas)** is a senior physiotherapist which is enthusiastic in clinical work. He obtained his Bachelor of Science (Honors.) In Physiotherapy from National University of Malaysia (UKM) in the year of 2012 and Master of Science in Safety, Health & Environment from Technology University of Malaysia (UTM) in 2014. Both his degree were sponsored by Jabatan Perkhidmatan Awam and mybrain15 respectively.

He been actively joining continue medical workshops and conferences either local or abroad. He been joining lots of workshops both local and internationally. E.g. Diagnostic Ultrasonography and Injection Therapy, Dry Needling Therapy, Acupuncture, Scoliosis Management, Manual Therapy, Personal Trainer and Exercise Prescriptions, Traditional Chinese Medicine, Psychology etc. Upon graduate from his degree in 2012, he had been working with Southern University College and Southern Traditional Chinese Medical Centre.

He was given the opportunity to setup a physiotherapy clinic, laboratory programme, learning formally and informally with the Traditional Chinese Medical Practitioners, collaboration with Traditional Chinese Medical Practitioners in managing the patients, teaching and coaching Traditional Chinese Medicine Students.

He joined the Ministry of Health, Malaysia in 2015 and was assigned to Hospital Sultan Ismail Johore Bahru till today. Despite his routine clinical work, he been actively involved in providing continues medical education for medical and allied health professionals.

He had been invited as speakers in conferences or workshops local or internationally. He been becoming the keynote workshop speaker for dry needling therapy, scoliosis management and amputation rehabilitation. He is highly interested in the field of Physiotherapy& Rehabilitation, Complementary& Alternative Medicine, and Preventive & Occupational Medicine