

CURRICULUM VITAE

EFRI NOOR HENDRI



PERSONAL DETAILS

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Date of Birth: 6th January 1984

Nationality: Malaysia

Employer Address: Physiotherapy Unit, Medical Rehabilitation Service Department, UKM Medical Centre, Jalan Yaacob Latif, 56000, Cheras, Kuala Lumpur, Malaysia

QUALIFICATIONS

Master of Physiotherapy (endorsed in **clinical Orthopaedic Manipulative Therapy**) 2016, University Of Otago, NZ

BSc (Hons) Physiotherapy (2007) National University of Malaysia.

RELEVANT RESEARCH/PUBLICATION/SCIENTIFIC WRITING

1. Archives PMR. 2017; *Test Retest Reliability of Corticospinal Excitability of Rectus Femoris With TMS in Able bodied Adults*
2. Blinder Assessor for Multi-centre, randomized controlled trial of a very early rehabilitation trial (AVERT) among stroke patients admitted to UKM Medical Centre, Malaysia. Funding obtained from the Australian National Health and Medical Research Council (Grant Number: 386201).
3. La Clinica Terapeutica. 2009; 160(5):403-7. *Effect of Pubertal Developmental Stages and lower limb kinetics During Vertical Jump Task in Sepak Takraw Sport.*
4. Poster presentation: *Biomechanics & Injury Prevention during Landing*. Malaysia Physiotherapy Association Conference.3rd prize (2010)
5. Poster presentation: I-SIHAT 2013 (The International Symposium of Health Sciences), Kuala Lumpur. *Immediate Effect of Dry Needling in Cervicogenic Headache*

ADDITIONAL RELEVANT QUALIFICATIONS

-Certificate of Credentialing for Dry Needling (30th June 2014) PPUKM

CLINICAL EXPERIENCE

-Employer: UKM Hospital from July 2007-present

July 2008-December 2007 – In patient orthopaedic-trauma, Outpatient Diabetic Foot Care and Amputation Rehab

-Responsible for delivering care to complex polytrauma, diabetic foot ulcer and amputees cases.

January 2008 – July 2008: Outpatient General Musculoskeletal and Sport Injury

- A busy outpatient rehabilitation discipline consists of variety orthopaedic, musculoskeletal, Vertigo and Sport Injury cases.
- Weekly 3hours sport cases discussion with surgeon at Sport Clinic

July 2008 – December 2008: Inpatient Neurosurgery ward, Outpatient Stroke Rehab

- Involved in daily ward rounds, weekly neuro team meetings and family conferences.
- Weekly 2hours being coaching and mentoring by consultant neurology physiotherapist

January 2009- June 2009: Inpatient Cardio Respiratory ward, Surgery and High Dependency Unit, Outpatient Pulmonary Rehabilitation and Obesity Group Exercise Programme

- manage acute respiratory problem, improve mobility status and rehabilitation discharge plan.
- manage group exercise for obesity mental wellness, diabetic and morbid obesity patients

July 2009- December 2009: Inpatient Ortho-Spinal and Outpatient Spinal Cord Injury Rehab

- Management of acute back pain, spinal cord injury, spinal instrumentation and fusion surgery cases.
- Educating members of Primary Health Care Team in transfer technique for quadriplegia and paraplegic patient

January 2010 – June 2011: Senior Musculoskeletal Outpatients

- Weekly 3hours complex case discussion with spinal specialist at Ortho-Spinal Clinic
- Sole management of appointment system, prioritising and waiting list
- Management of equipment/stores procurement
- Clinical preceptor for diploma/degree physiotherapy student

July 2011 –present: Chief of Discipline at Musculoskeletal Outpatients

- Access and manage of complex and chronic pain and sport injury.
- Sole management of appointment system, prioritising and waiting list
- Person in charge for Student Clinical Placement and Healthcare team external and internal visit

- OMT Clinical Placement: School of Physiotherapy Clinic, Otago Uni. from 13th July to 15th October 2015

ADDITIONAL PHYSIOTHERAPY EXPERIENCE

- Deputy Head of Physiotherapy Unit UKMMC
- ISO Chairman for physiotherapy Unit
- Panel of revising UKM undergraduate physiotherapy programme
- Clinical preceptor for UKM Physiotherapy student, present
- Practical and Clinical Examiner for diploma and degree physiotherapy student, present
- Blinder Assessor for Multicentre AVERT Trial, 2010-2015.

PROFESSIONAL MEMBERSHIPS

- Active Member of the 'Malaysia Physiotherapy Association' (MPA) no:1773
- Special Purpose Scope of Practice registration from Physiotherapy Board of NZ, RN: 70-13590

CONTINUING EDUCATION

- MARCH, 2014.Manual Therapy of Cervical Spine (HKL.2 days) Dr Tobby Hall
- APRL, 2012.Dry Needling Level 1 credentialing (UKMMC.2 days) Dr Peter Selvaratnam & Jane Rooney
- OCT 2011 Kinesio Taping Fundamentals and Advanced (KT1 & KT2) (Penang.2days). Abdul Rashid Jailani
- SEPT, 2011.Dry Needling, Anterior Knee Pain, Headache & Orofacial Pain Seminar (UKMMC.2 days) Dr.Peter Selvaratnam & Jane Rooney
- JULY 2010. Dynamic Neuromuscular Stabilization (Course A) (UKMMC.3days) Dr. Claire Frank & Lucie Opolova
- JULY 2010. The Janda Approach to Musculoskeletal Pain Syndromes (UKMMC.3days) Dr. Claire Frank
- AUGUST 2010. Bands, Balls & Balance Course (UKMMC.2days) Dr. Claire Frank
- FEB 2009. Brian Mulligan's Concept (Upper Quarter) Workshop (Singapore.2days) Kim Robinson
- AUG 2008. An Eclectic Cervical Pain Management (UKMMC.3days) Dr. Claire Frank
- APR 2008. An Update in Pulmonary Rehabilitation Workshop (UKMMC.3days) Assoc. Prof. Dr. Sue Jenkins
- SEP 2007. Knee Rehabilitation Course (Kuala Lumpur.2days) Nicholas Clark
- SEP 2006. Advanced Electro-Physical Explained (Kuala Lumpur.1day) Prof. Luther C. Kloth