

PRESIDENT'S MESSAGE

MALAYSIAN PHYSIOTHERAPY JOURNAL,

4TH EDITION

Greetings to all my fellow colleagues, researchers, and students,

It is with great pride and a renewed sense of purpose that I welcome you to the **4th Edition of the Malaysian Physiotherapy Journal (MPJ)**. As we begin 2026, our profession in Malaysia is entering a transformative era – one defined not just by clinical excellence, but by a newfound commitment to professional governance and academic sustainability.

This edition serves as a vital bridge between our rich history and our ambitious future. Since its inception, the MPJ has provided a platform for Malaysian physiotherapists to showcase research that is culturally and socially relevant to our unique population, and this volume continues that essential tradition.

A Milestone in Professional Governance

The timing of this publication is particularly significant. We are still feeling the positive momentum from our historic **1st MPA Budget EGM held on December 13, 2025**. For the first time, we gathered as a fraternity to collectively approve our 2026 budget allocations, ensuring that every ringgit is spent with transparency and strategic intent.

I am especially pleased to share that during this EGM, our members resoundingly approved a dedicated **allocation of RM10,000 specifically for the Malaysian Physiotherapy Journal**. This financial commitment is a clear signal that the MPA views research and evidence-based practice not as a luxury, but as a core pillar of our professional identity. By securing these funds, we ensure that the MPJ remains a high-quality, peer-reviewed platform for our community.

Advancing Through Evidence

The research within this 4th edition reflects the high standards we advocated for during the EGM. From innovations in neuro-rehabilitation to the integration of digital health, these papers are “fuel” for our professional autonomy. They strengthen our voice as we engage with insurance providers and regulatory bodies to ensure that physiotherapy is recognized as an integral, evidence-based pillar of the Malaysian healthcare system.

Our Collective Mandate

As your President for the 2025-2027 term, my core mission remains clear: **“Together, we have a bigger voice”**. The success of our recent EGM proved that when we come together, we can make significant changes – from revising our Constitution to upholding the rigorous standards required for degree-based entry into the profession.

I extend my deepest gratitude to the Editorial Board, the peer reviewers, and the authors. Your intellectual contributions are the heartbeat of this association. I urge every reader to apply these findings to their clinical practice and let them inspire your own research journeys.

Together, we are making the profession stronger, more sustainable, and more respected than ever before.

Yours faithfully,

Marc J Daniel, President, Malaysian Physiotherapy Association (2025-2027)